thebigword

Video Remote Interpreting – Guidance

Technology

- Ensure your webcam is positioned directly in front of you at eye level

- Disable notifications from Social Media, email, etc.

- Enable Pop-Up windows in Web Browser

- Recommended internet speed to perform video calls is 50 Mb/ps Download and 10 Mb/ps Upload

Environment

- Ensure the room you are using is free from visual and auditory distractions such as pets, mobile, etc

- Make sure the room you are utilising is well lit and has a plain background

- Check that the room is comfortable (seating, temperature)

You

- Remain visible at all times and positioned central to the camera

- Look presentable and be conscious of your body language and facial expressions

- Remember not to consume food during the call