

Video Remote Interpreting Guidance

Technology

- Ensure your webcam is positioned directly in front of you at eye level
- Disable notifications from Social Media, email, etc.
- Accept Prompts to access Camera and Microphone in Web Browser
- Recommended internet speed to perform video calls is 50 Mb/ps Download and 10 Mb/ps Upload

Environment

- Ensure the room you are using is free from visual and auditory distractions such as pets, mobile, etc
- Make sure the room you are utilising is well lit and has a plain background
- Check that the room is comfortable (seating, temperature)

You

- Remain visible at all times and positioned central to the camera
- Look presentable and be conscious of your body language and facial expressions
- Remember not to consume food during the call